For Immediate Release:

LCCA to Host Movies, Discussions on School Development and Resilience

Howell, MI - As school gets back in session under highly unusual circumstances, the Livingston County Community Alliance is offering parents and students the chance to see two highly acclaimed documentaries and participate in follow-up discussion, with safe in-person as well as remote viewing options available. Discussion for both movies will be held on Thursday evening via Zoom to talk about Adverse Childhood Experiences (ACE's).

On Tuesday September 1, the film Resilience will be shown at the Historic Howell Theater's backlot drive-in as well as via zoom at dusk. Registration is required at <u>https://lccaacesmovies.eventbrite.com</u> and we will attach instructions for those who will join us for the drive-in movie with information on where to arrive and social distancing.

Called "absolutely riveting, profoundly important" by The New York Times, "Paper Tigers" focuses on the alternative discipline strategies at Lincoln Alternative High School in Walla Walla, Washington. There, principal Jim Sporleder faces a school riddled with violence, drugs and truancy, and brings to his educators and students the opportunity to break the cycle of poverty, violence and disease that affects the school's families. Breaking tradition, he utilizes an approach to discipline that includes understanding and treatment rather than judgement and suspension. In just three years, the approach reduced the number of fights at the school by 75 percent while graduation rates increased five-fold.

The following day, September 2, the same location will show the movie Resilience at dusk. A similar format will be used, with the movie available both online and in-person at limited quantities. Registration is mandatory and can be done at <u>https://lccaacesmovies.eventbrite.com</u> we will attach instructions for those who will join us for the drive-in movie with information on where to arrive and social distancing.

RESILIENCE is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior.

"Both of these films serve to share insights from various perspectives — the classroom, the juvenile justice system, mental health counseling — and that can help to create a comprehensive dialogue about what can and should be done to strengthen our communities from the inside out," said Sarah McGeorge.

For more information on any of these events, contact Sarah McGeorge at <u>sarahm@livingstoncatholiccharities.org</u>